

Model Question Paper - 2

START QUIZ

Results



#1. Q1. In Ayurveda, the term "Agnibala" primarily indicates:	
□ A. Strength of digestion and metabolism □ B. Strength of immune response	
□ C. Strength of muscular power □	
D. Strength of mental capacity #2. Q2. "Kashyapa Samhita" is primarily well-known for its detailed exposition on:	
#2. Q2. Rashyapa Sammita is primarily well-known for its detailed exposition on.	
□ A. Kayachikitsa (internal medicine) □	
B. Kaumarabhritya (pediatrics)	
C. Shalya Tantra (surgery) □	
D. Bhuta Vidya (psychiatry)	
#3. Q3. Which of the following is not considered a Brhattrayi text?	
□ A. Charaka Samhita □	
B. Ashtanga Hridaya □	
C. Madhava Nidana	
D. Sushruta Samhita	
#4. Q4. The fundamental philosophical basis in Ayurveda that discusses the equivalence	of
cosmos and individual is:	
□ A. Panchakosha Tattva	

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B. Lokapurusha Samya Siddhanta □	
C. Hrudayavarna Samya	
□ D. Shaddhatu Purusha Vada	
#5. Q5. In the context of Sharira, "Asthidhara Kala" is said to be situated between:	
□ A. Mamsa and Meda □	
B. Rakta and Mamsa □	
C. Meda and Asthi	
D. Purisha and Vata	
#6. Q6. A "Phanta" (hot infusion) differs from a "Hima" (cold infusion) mainly by:	
□ A. Duration of soaking the raw drugs □	
B. Temperature used in preparation	
C. Type of herb used	
D. Ratio of water to herb	
#7. Q7. Which among the following is not an Ayurvedic dosage form?	
□ A. Vati	
B. Avaleha	
C. Kshara □	
D. Suspension USP	
#8. Q8. "Nirupstambhita Roga" refers to diseases that:	
□ A. Are hereditary □	
B. Are incurable	
C. Progress without external support	
D. Require immediate surgical intervention	
#9. Q9. The concept of "Sama Dosha, Sama Agni, Sama Dhatu, Mala Kriya" is used to d	efine
A Madhi Kahamatus	
A. Vyadhi Kshamatva	
B. Svastha Lakshana (health) □	
C. Visha Lakshana (poisoning) □	
D. Roga Margas	
#10. Q10. "Rakta Dhatu" in modern correlation is often associated with:	
□ A. Serum proteins only □	

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B. Hemoglobin and RBC function C. Platelet aggregation D. Lymphatic drainage	
#11. Q11. Match the following Doshas with their Primary Seat in the body: 1. Kapha 2. Pitta 3. Vata	
(i) Nabhi (umbilical region); (ii) Uras (chest); (iii) Pakvashaya (colon)	
□ A. (1)-(ii), (2)-(i), (3)-(iii) □ B. (1)-(iii), (2)-(ii), (3)-(i) □ C. (1)-(ii), (2)-(iii), (3)-(i) □ D. (1)-(i), (2)-(iii), (3)-(iii)	
#12. Q12. "Srotas" in Ayurveda are defined as:	
□ A. Physical channels or microcirculatory tracts □ B. Only nerve bundles □ C. Only muscular compartments □ D. Spaces between bones	
#13. Q13. "Murdha Taila" procedure in Panchakarma is also referred to as:	
□ A. Oil enema □ B. Shirodhara □ C. Vamana □ D. Nasya	
#14. Q14. The "Chaturvidha Chikitsa" (four modes of therapy) in Ayurveda includ Langhana, Brimhana, Ropaṇa, and:	les
□ A. Rasayana □ B. Snehana □ C. Sattvavajaya □ D. Vyayama	
#15. Q15. Which among the following is not a method to assess drug standardization Ayurvedic Pharmacopeia?	ıin
A Physico-chemical parameters	

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В	Organoleptic testing
С	TLC/HPTLC fingerprinting
D	ECG wave pattern
#	16. Q16. "Saponification value" determination is most relevant for evaluating:
□ A.	Oils and fats
В	Alkaloids
С	Resins
	Proteins
#	17. Q17. "Nimba" (Azadirachta indica) is known to possess which predominant Rasa?
	Katu (pungent)
	Tikta (bitter)
C	Madhura (sweet)
D	Amla (sour)
	18. Q18. Which principle from modern microbiology is analogous to "Agantuka Hetu external cause) in Ayurveda?
	Genetic mutation
	Viral or bacterial infection
	Dietary imbalance
D	Mental stress
#	19. Q19. "Type II Hypersensitivity" is primarily mediated by:
□ A.	lgE
□ B	Immune complexes (IgG/IgM with antigen on cells)
	T lymphocytes
D	Mast cells
#	20. Q20. In the context of "Trividh Pariksha" for a patient, which is not one of the three?
	Darshana (inspection)
	Prashna (interrogation)
C	Sparshana (palpation)
D	Anumana (inference from tests)
#	21. Q21. "Dosha-Dhatu-Mala Vijnana" is studied under:

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A. Sharira Sthana	
□ B. Dravya Guna Vijnana	
□ C. Chikitsa Sthana	
D. Kala Sharira	
#22. Q22. Which of the following is a Guru (heav	y) Guna Dravya typically?
A Year (Barlay)	
A. Yava (Black a see)	
B. Masa (Black gram)	
C. Ksheera (Milk)	
D. Madhu (Honey)	
#23. Q23. The standard ratio of herb to water in recommended as:	a "Kwatha" (decoction) preparation is ofter
A. 1:2	
B. 1:4 □	
C. 1:8	
D. 1:16	
#24. Q24. In Rasa Shastra, "Parada" refers to:	
A Cold	
A. Gold	
B. Silver	
C. Mercury	
D. Iron	
#25. Q25. "Anukta Dravya" in Ayurvedic texts in	ıplies:
A. Herbs described only in Nighantu	
□ B. Non-classical or extra-pharmacopoeial drugs	
□ C. Forbidden plants	
D. Extra potent herbal toxins	
#26. Q26. Among the following, which best repr	esents a "Laukika Pramana" (common-sense
evidence) in Indian epistemology context?	,
□ A. Aptopadesha	
B. Arthapatti	
C. Upamana	
D. Pratyaksha	

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#27. Q27. "Satva, Rajas, Tamas" are known in Ayurveda primarily as:	
□ A. Three types of Kapha subdoshas □	
B. Gunas of Mind	
C. Varieties of bodily tissues	
D. Panchabhuta combinations	
#28. Q28. Which of the following statements about "Oja" is incorrect?	
A. It is crucial for maintaining immune strength	
B. It is the final essence of all Dhatus	
C. Excess Oja causes immediate swelling	
D. Depletion of Oja leads to fatigue and disease	
#29. Q29. "Amavata" in modern correlation is often compared with:	
A Costa and wheathing	
A. Osteoarthritis	
B. Rheumatoid arthritis □	
C. Diabetes mellitus □	
D. Migraine	
#30. Q30. "Herd immunity" in modern epidemiology is conceptually akin to which Ayu	rvedio
notion?	
□ A. Dhatu Poshana	
□ B. Bala Vriddhi	
C. Nidana Parivarjana	
D. Ojas Kshaya	
D. Ojas Kshaya #31. Q31. Which statement is true for "Ashtanga Ayurveda"?	
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#33. Q33. Which among the following is a method to measure the antioxidant activity of herbal extracts?

□ A. XRD (X-ray diffraction)
□ B. DPPH free radical scavenging assay
C. Specific gravity test
□ D. Ash value determination
#34. Q34. "Shodhana" in Rasa Shastra primarily indicates:
□ A. Standardization of herbal powders
3. Purification/detoxification of metals or minerals
□ C. Rejuvenation therapy for the body
□ D. Combining tastes in a single formula
#35. Q35. Which of these is an example of "Type III Hypersensitivity"?
A. Immediate anaphylaxis
3. Serum sickness
C. Cytotoxic reaction with RBCs D. Delayed-type hypersensitivity
#36. Q36. "Upashaya" is a diagnostic tool in Ayurveda referring to:
A. The secondary disease manifestation
3. Trial-and-error remedy to see aggravation or pacification of symptoms
C. The direct imaging technique
D. Laboratory test for RBC indices
#37. Q37. A "Neuron" typically transmits signals through:
A. Hormone secretion
3. Electrical and chemical synapses
C. Bony conduction
D. Lymphatic fluid
#38. Q38. A simple test to differentiate Gram-positive from Gram-negative bacteria is:
A. Hanging drop method
J S. Gram staining
L. Methylene blue staining
」 D. Acid-fast staining

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B. Helper T lymphocytes B. Helper T lymphocytes C. Cytotoxic T lymphocytes D. Natural killer cells #40. Q40. "Shad-Rasa" in Ayurveda do not include: A Madhura B. Amia C. Tikta D. Putik #41. Q41. Which of the following aspects of research design addresses randomization bilinding, and control group usage? A Observational study design B. Experimental study design C. Retrospective design D. Cross-sectional survey #42. Q42. "Rugna Avastha Pariksha" includes examination of: A Indriyas (senses), Bala, Manas B. Herbal identification, water purity, place of living C. Only mental status D. Only vital signs #43. Q43. "Biffidobacteria" predominantly reside in: A Stomach B Large intestine C Oral cavity D. Respiratory tract #44. Q44. The ratio of RBC to WBC in normal human blood is approximately: A 1:100 B 1:1000	#.	39. Q39. In clinical immunology, "CD4+ T cells" are mainly:
B. Helper T lymphocytes C. Cytotoxic T lymphocytes D. Natural killer cells #40. Q40. "Shad-Rasa" in Ayurveda do not include: A. Madhura B. Amla C. Tikta D. Putik #41. Q41. Which of the following aspects of research design addresses randomization bilinding, and control group usage? A. Observational study design B. Experimental study design C. Retrospective design D. Cross-sectional survey #42. Q42. "Rugna Avastha Pariksha" includes examination of: A. Indriyas (senses). Bala, Manas B. Herbal identification, water purity, place of living C. Only mental status D. Only vital signs #43. Q43. "Biffidobacteria" predominantly reside in: A. Stomach B. Large intestine C. Oral cavity D. Respiratory tract #44. Q44. The ratio of RBC to WBC in normal human blood is approximately: A. 1:100 B. 1:1000		B lymphocytes
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#44. Q44. The ratio of RBC to WBC in normal human blood is approximately: A. 1:100 B. 1:1000		
□ A. 1:100 □ B. 1:1000		
A. 1:100 D. B. 1:1000	#	44. Q44. The ratio of RBC to WBC in normal human blood is approximately:
□ B. 1:1000		1:100
C. 1:600		
□ D. 1:500		

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#45. Q45. "Pandu Roga" in Ayurvedic texts correlates commonly with:
□ A. Diabetes □
B. Leprosy □
C. Anemia □
D. Hypertension
#46. Q46. "Parameshti Guru," known as the teacher of Indra, is traditionally:
□ A. Bharadwaja □
B. Punarvasu Atreya □
C. Dhanvantari
D. Aupadhenava
#47. Q47. "Yuktivyapashraya Chikitsa" includes therapies based on:
□ A. Daivavyapashraya (spiritual) □
B. Sattvavajaya (counseling)
C. Rational medical treatment (Aushadha, Anna, etc.)
D. No use of drugs
#48. Q48. A "capsid" is the:
□ A. Protein coat surrounding a virus
B. Double-layered membrane of mitochondria
C. Capsule in bacterial cell walls
D. Protective layer of the RBC
#49. Q49. Which statement is false regarding "Nanoparticles" in Ayurvedic Bhasma context?
A. They are generated via repeated calcination
B. They often exhibit particle sizes in the nanoscale
C. They are always highly toxic
D. They can show distinct chemical properties
#50. Q50. "Atharvaveda" is significant for Ayurveda because:
A. It describes laws of motion
B. It is the primary source of philosophical inquiry
C. It contains many references to disease and healing methods
D. It deals only with warfare

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#51. Q51. Which among the following is an example of a "Rasayana" dravya?
A. Haritaki
B. Tankan (Borax) □
C. Ajwain
D. Lasuna (Garlic) #52. Q52. "Enzyme-linked immunosorbent assay (ELISA)" helps detect:
A. RBC morphology □
B. Immunoglobulins, antigens, or antibodies
C. Blood sugar levels □
D. Mitochondrial enzymes
#53. Q53. "Fluorosis" is primarily caused by excessive intake of:
A. Mercury
B. Lead
C. Arsenic
D. Fluoride
#54. Q54. Which among the following are "Karmendriyas" in Ayurvedic view?
□ A. Ghrana, Rasana, Cakshu, Tvak, Shrotra
A. Ghrana, Rasana, Cakshu, Tvak, Shrotra B. Vak, Pani, Pada, Payu, Upastha
□ A. Ghrana, Rasana, Cakshu, Tvak, Shrotra □
□ A. Ghrana, Rasana, Cakshu, Tvak, Shrotra □ B. Vak, Pani, Pada, Payu, Upastha □
A. Ghrana, Rasana, Cakshu, Tvak, Shrotra B. Vak, Pani, Pada, Payu, Upastha C. Mana, Buddhi, Ahamkara, Chitta
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A. Ghrana, Rasana, Cakshu, Tvak, Shrotra B. Vak, Pani, Pada, Payu, Upastha C. Mana, Buddhi, Ahamkara, Chitta D. Samana, Vyana, Apana, Udana, Prana #55. Q55. "Orobanche" is a parasite commonly affecting which crop? A. Wheat B. Brinjal
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#	57. Q57. "Mithya Ahara Vihara" in Ayurveda refers to:
□ A	. Balanced lifestyle practices
	Incompatible and improper diet/lifestyle
	. Strictly vegetarian food
D	. Fasting regimen alone
#	58. Q58. "Nishchaya Bhava" in Ayurveda can be correlated with which concept?
	. DNA replication
	. Confirmatory diagnosis . Clinical trial randomization
	. Conjugation in bacteria
	59. Q59. According to Ayurvedic classification, which among these is a "Sandhana alpana" (fermented preparation)?
□ Δ	. Drakshasava
	60. Q60. "Nanobiotechnology" often involves:
_	Only non-living matter
В	. Tools to measure RBC size
C	. Biocompatible nanomaterials for drug delivery
D	. Amplification of radio signals
#	61. Q61. "Pizhichil" therapy in Kerala Ayurveda is a form of:
B. C.	. Head massage with dry powders
	. Continuous stream of lukewarm oil bath
	. Steaming with herbs
D	. Leech therapy
#	62. Q62. In "Bheshaja Sevana Kala," the time for administering medicine just before meals
is	-
□ A	. Pragbhakta

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□ D. Madhyabhakta
#63. Q63. "Drishtartha Anumana" is used in Ayurveda to infer:
□ A. Proximate causation from direct observation □ B. Spiritual interventions □ C. Non-existent disease □ D. Microscopic organisms
#64. Q64. "Klinna Guna" is associated with:
□ A. Fire □ B. Water □ C. Earth □ D. Air
#65. Q65. In molecular biology, "Northern blot" is used to detect:
□ A. DNA fragments □ B. Proteins □ C. RNA □ D. Lipids
#66. Q66. "Pathya" in Ayurveda essentially denotes:
A. Incompatible foods B. Wholesome regimen/diet C. Non-vegetarian items D. Metallic medicines
#67. Q67. In immunology, "Major Histocompatibility Complex (MHC) Class II" molecules typically present antigens to:
A. CD8+ T cells B. B cells directly C. CD4+ T cells D. NK cells #68. Q68. A "Bisulphite test" is often used for detection of: A. Proteins B. Volatile oils

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	Reducing sugars
□ D.	Alkaloids
#(69. Q69. Which of the following is not a recognized reason for biodiversity loss?
	Habitat fragmentation
	Habitat fragmentation
	Overexploitation
C. □	Invasive species
D.	Sustainable harvest
#	70. Q70. "Bala" in Ayurveda can be correlated with:
□ A.	Only physical stamina
	Overall strength and immunity
	Specific bone density
	Oily skin
#	71. Q71. "Bhrajaka Pitta" is responsible for:
□ A .	Vision in eyes
	Pigmentation and temperature regulation in skin
	Digestion in the stomach
	Clarity of mind
#	72. Q72. "Shilajatu" in Ayurveda is classified under:
	Parpati Kalpana
_	Uparasa
□ C.	Exudate (a mineral pitch)
□ D.	Sandhana Dravya
#	73. Q73. Which among the following typically forms the backbone of a DNA strand?
	Dontido hando
	Peptide bonds
	Glycosidic bonds
C.	Phosphodiester bonds
D.	Ester bonds
#	74. Q74. "Cell-mediated immunity" is primarily carried out by:
□ A	T lymphocytes
	· · · · · · · · · · · · · · · · · · ·
	Plymphocytos
□ □	B lymphocytes

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С.	Complement proteins
D.	Neutrophils
#	75. Q75. "Ash value" testing in herbal drug standardization helps determine:
□ A.	The acid content of the herb
В.	The total inorganic matter/residues
_	The presence of heavy metals
□ D.	Pesticide residues
#	76. Q76. "Lokadhatu Samya" is the principle that:
□ A.	Each Dhatu is formed by different Veda
В.	Human physiology is separate from the environment
Ċ.	The body remains healthy if it stays in harmony with the environment
D.	Doshas do not affect mental health
	77. Q77. Which of the following is not part of classical "Kriya Kal" (pathogenesis steps) in yurveda?
□ A .	Sanchaya (accumulation)
	Prasara (spread) Sthanasamshrava (localization)
	Sthanasamshraya (localization) Pranapana (respiratory exchange)
# _	78. Q78. "Paraprakriti" in genetics typically refers to:
	Extended phenotypes outside typical expression
_	A mutated gene with lethal effect
	Extra-chromosomal inheritance
	Recessive allele expression
#	79. Q79. The "RT-PCR" technique is primarily used to detect:
□ A .	Proteins in a cell
	mRNA levels by converting RNA to DNA
	Bacterial transformations
	Chromosome breakpoints
	80. Q80. Which among the following is an example of a "Vyadhi Pratyayika Dravya" for orms (Krimi Roga)?
□ A .	Vidanga (Embelia ribes)

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□ B.	Shankhapushpi (Convolvulus pluricaulis)
	Pippali (Piper longum)
D.	Malkangni (Celastrus paniculatus)
#	81. Q81. "Pharmacovigilance" in Ayurveda aims at:
A. □	Reporting adverse drug reactions and safety signals
B. □	Excluding metal-based preparations entirely
C. □	Simplifying all polyherbal formulations
D.	Replacing classical texts with modern texts
	82. Q82. Which Ayurvedic principle best correlates with "environmental hygiene" to
-	revent diseases?
□ A. □	Dinacharya
	Ritucharya
	Swasthavritta
	Sadvrtta
#	83. Q83. The "conjugation" process in bacteria involves:
□ A .	Transfer of DNA via a bacteriophage
□ B. □	Direct transfer of DNA between cells by a pilus
	Uptake of DNA from the environment
	Formation of spores
#	84. Q84. "Padartha Vijnana" includes all except:
	Dravya
□ C.	Samavaya
D.	Pramana Parinaama
	85. Q85. The "Gold nanoparticle" colloidal solution is historically known for its ruby-red blor, first demonstrated by:
	Robert Hooke
	Louis Pasteur
	Michael Faraday
D.	James Watson

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#8	36. Q86. "Gut-Brain axis" conceptually overlaps with which Ayurvedic concept?
□ A.	Koshta-Prakriti linking digestion and mental health
	Prana-Vayu controlling only respiration
	Bhrajaka Pitta controlling skin alone
D.	Sadhaka Pitta working in the heart
	37. Q87. Which is not included in "Tritiya Pariksha" according to Ayurveda's standard
_	agnostic approach?
_	Touch (Sparshana)
⊔ B.	Pulse (Nadi)
□ C.	Interrogation (Prashna)
□ D.	Observation (Darshana)
#9	38. Q88. "Nasya" is a Panchakarma procedure involving:
<i>"</i> \	oor qoor masya is a ranenakarma procedure involvingi
Α.	Herbal smoke inhalation
	Administration of medicines through the nasal route
□ C.	Milk enema
□ D.	Eye drops with medicated ghee
#8	39. Q89. "Rasayana" therapy in Ayurveda primarily focuses on:
	Quick sedation
	Rejuvenation and longevity
	Palliative care for advanced cancers
D.	Inducing emesis for detoxification
#9	90. Q90. "ELISA" detects:
□ A	Colony-forming units
	Antibodies or antigens via enzyme-linked markers
	RBC morphology changes
	Protein folding anomalies
#9	91. Q91. "Plant Variety Protection and Farmers' Rights" in India is governed by:
_	WTO guidelines only
_	PPV&FR Act, 2001
_	Geographical Indication Act, 1999
□ D.	TRIPS Agreement alone

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#92. Q92. "Antimicrobial resistance" emerges due to:
□ A. Proper antibiotic usage
□ B. Excessive and improper antibiotic usage
C. Targeted immunization
□ D. Balanced diets
#93. Q93. According to Ayurveda, "Atiyoga" of a substance leads to:
A. Restoration of normalcy
B. No effect at all
C. Toxic or adverse effects
D. Enhanced Ojas
#94. Q94. "Srotodushti" can be caused by:
□ A. Balanced diet and lifestyle
□ B. Samshodhana therapies
□ C. Accumulation of Ama (toxin)
D. Optimal gut flora
#95. Q95. "Shalakya Tantra" in Ashtanga Ayurveda deals with:
#95. Q95. "Shalakya Tantra" in Ashtanga Ayurveda deals with: A. Bone and joint issues
□ A. Bone and joint issues □
□ A. Bone and joint issues □ B. Diseases above the clavicle (ENT, eyes, dentistry) □
A. Bone and joint issues B. Diseases above the clavicle (ENT, eyes, dentistry) C. Psychiatry
A. Bone and joint issues B. Diseases above the clavicle (ENT, eyes, dentistry) C. Psychiatry D. Pediatric care
A. Bone and joint issues B. Diseases above the clavicle (ENT, eyes, dentistry) C. Psychiatry D. Pediatric care #96. Q96. "Swasthavritta" includes:
A. Bone and joint issues B. Diseases above the clavicle (ENT, eyes, dentistry) C. Psychiatry D. Pediatric care #96. Q96. "Swasthavritta" includes: (A) Social and preventive medicine aspects
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A. Bone and joint issues B. Diseases above the clavicle (ENT, eyes, dentistry) C. Psychiatry D. Pediatric care #96. Q96. "Swasthavritta" includes: (A) Social and preventive medicine aspects (B) Only surgical protocols (C) Only emergency treatments (D) Preparations for heavy metal usage #97. Q97. "Sharangadhara Samhita" is recognized especially for its:

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#30. Q30. Thalassellia is a genetic disorder characterized by.
(A) Abnormal RBC hemoglobin chains
(B) Deficiency of clotting factors
(C) Lack of ABO blood grouping □
(D) X-linked recessive dystrophy
#99. Q99. "PCR (Polymerase Chain Reaction)" requires which key enzyme?
☐ (A) Taq DNA polymerase ☐ (B) Ligase enzyme ☐ (C) Reverse transcriptase
□ (D) RNA polymerase
#100. Q100. "Traditional Knowledge Digital Library (TKDL)" was created to:
□ (A) Promote piracy of indigenous practices □ (B) Document and protect Indian traditional medicinal knowledge from misappropriation □ (C) Abolish Ayurveda
□ (D) Encourage free patenting of classical formulas
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