# i. Chronological Development of Ayurvedic drug manufacturing industries

# 1. Ancient to Early Classical Roots (Pre-1st Millennium CE)

## 1.1 Vedic and Samhita Period

- Vedic Era (c. 1500 500 BCE):
  - Āyurveda's pharmaceutics concept emerges from Vedic references (Atharvaveda's healing hymns).
  - Early preparations were small-scale, artisanal, using local herbs with minimal mechanization.
- Samhitā Period (c. 500 BCE 500 CE):
  - Caraka Samhitā, Suśruta Samhitā, Kāśyapa Samhitā: systematic guidelines for collecting raw drugs, preparing kwāthas (decoctions), cūrņas (powders), etc.
  - Manufacturing was primarily household-level or done by wandering vaidyas for immediate patients.

(No formal 'industry' existed; rather an informal system of healers operating from home or local hubs.)

# 2. Rise of Rasaśāstra and Medieval Developments (5th - 12th Century CE)

#### 2.1 Alchemical Traditions

- Emergence of Rasaśāstra treatises like Rasārṇava and Rasaratna Samuccaya around mid-1st millennium CE.
- Alchemical labs (proto-Rasaśālā) under kings or large temple institutions, refining metals/minerals for advanced therapeutics.
- Mercury-based formulations gained impetus, requiring specialized setups. Production remained specialized yet not large-scale commercial.

## 2.2 Inter-regional Influence

- Cultural exchange with **Unani** or **Tibetan** systems led to expansions in herbal-mineral repertoire.
- Patronage from medieval dynasties (e.g., Chalukyas, Guptas) spurred refined alchemical knowledge. However, it was still artisanal or state-supported, not an "industry" in the modern sense.

# 3. Late Medieval to Pre-Colonial Phase (12th - 18th Century CE)

# 3.1 Organized Rasaśālās

- Larger seats of learning (Kāśī, Takṣaśilā) and some southern courts established semi-permanent Rasaśālās.
- Production catered to **royal demands**, temple medical services, or local trade networks.

## 3.2 Distinctions in Knowledge Preservation

- Rasa-shikshā remained partly esoteric; only advanced disciples learned metal incinerations (māraṇa), pottalī rasāyanas, etc.
- Despite limited mass outreach, the textual continuity prepared ground for future expansions.

# 4. Colonial Period (18th - mid-20th Century)

## 4.1 British Observations and Hybrid Practices

- European surgeons, orientalists documented Indian drugs, occasionally adopting them (e.g., ipecac usage).
- Some **traditional vaidyas** set up bigger clinics, employing a handful of staff for producing classical formulations.
- Lack of formal regulatory structure overshadowed large expansions, but a few pioneering families saw potential in broader distribution.

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#### WHERE CLASSICAL WISDOM MEETS INTELLIGENT LEARNING

# 4.2 Emergence of Early Private "Pharmacies"

- Late 19th / early 20th Century:
  - Dabur (est. 1884), Zandu (1910), Baidyanath (1917), Shri Dhootapapeshwar (1872) began systematically packaging Ayurvedic medicines.
  - This marked the earliest transitions to quasi-industrial scale, distributing to urban markets, aligning basic GMP-like hygiene.

# **5. Post-Independence (1947 - 1980s)**

# **5.1 National Policy Framework**

#### 1. Central Council of Indian Medicine (CCIM)

- **Established in 1970** under the Indian Medicine Central Council Act, 1970 to standardize education in Āyurveda, Unani, Siddha.
- Not a direct manufacturer but governed academic & professional standards, indirectly influencing drug production quality.

#### 2. Department of Indian Systems of Medicine & Homoeopathy (ISM&H)

• Formed in **1995** under the Ministry of Health & Family Welfare. This department gave impetus to standardized guidelines for Ayurvedic manufacturing, though not as a separate ministry yet.

#### 5.2 Growth of National Institutions & Outline

- **Gujarat Ayurved University** (est. 1967) in Jamnagar, an early specialized university focusing on R&D in Āyurveda, training pharma professionals.
- National Institute of Ayurveda (NIA) in Jaipur (est. 1976) fosters advanced research, sometimes collaborating with local or state-run pharmacies to scale up drug production.

# 5.3 Industrial Expansion

- Brands like Arya Vaidya Sala (Kottakkal), Baidyanath, Dabur, Zandu consolidated.
- Standard packaging, moderate lab testing, and partial mechanization advanced the manufacturing quality.
- Early synergy with modern labs for basic testing of raw herbs and some heavy metal quantification.

# 6. Contemporary Phase (1980s - Present)

# 6.1 Evolution of Regulatory and Institutional Bodies

# 1. Department of AYUSH

- Created in 2003 by upgrading ISM&H to a full-fledged Department under the Ministry of Health & Family Welfare.
- Oversaw policy, regulation, and growth of Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy (AYUSH).

## 2. Ministry of AYUSH

- Established in 2014 as a separate ministry to give higher impetus on the Indian systems of medicine.
- o Facilitates standards (GMP for Ayurvedic pharma), fosters R&D, ensures global promotion.

## 3. NCISM (National Commission for Indian System of Medicine)

- o Replaced CCIM in **2020** (under the National Commission for Indian System of Medicine Act, 2020).
- Regulates education, but also influences manufacturing standards by specifying pharmacopeial guidelines that institutes must follow.

## 4. National AYUSH Mission

• **Launched in 2014** to integrate AYUSH services into the public health system, upgrade AYUSH hospitals & educational institutions, indirectly uplifting production demand for AYUSH medicines.

## **6.2 National Institutions & Universities**

• Besides **Gujarat Ayurved University**, other centers of excellence emerged:

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- Institute for Post Graduate Teaching & Research in Ayurveda (IPGT&RA), Jamnagar.
- o All India Institute of Ayurveda (AllA), Delhi (est. 2016).
- o Rashtriya Ayurveda Vidyapeeth, New Delhi.
- o Centers of Excellence recognized by the Ministry of AYUSH, focusing on advanced R&D.

# 6.3 Ayurveda Āhāra

- **FSSAI** introduced the *Ayurveda Āhāra* label ~2021–2022, ensuring functional foods or dietary supplements aligning with Āyurveda principles are distinctly recognized.
- Encourages standardized labeling, bridging modern food safety regulations with classical dietary concepts.

## 6.4 Scientific & Global Integration

#### 1. Modernization

• Mechanized processes in Rasaśālā (khalva replaced by pulverizers, electric furnaces), advanced QC labs with HPTLC, ICP-MS for heavy metal detection.

#### 2. **GMP**

- Schedule T under Drugs & Cosmetics Act provides GMP guidelines for Ayurvedic manufacturers.
- o ISO standards, USFDA compliance for export markets.

#### 3. Increased Innovation

 Large companies harness synergy of classical recipes with nutraceutical approaches, e.g., herbal capsules, single-herb extracts in global e-commerce.

# 7. Summation of Chronological Growth

- 1. Vedic and Samhitā: Household or small community-based usage of single or multi-herb remedies.
- 2. Medieval: Emergence of Rasaśāstra, small-scale workshops (Rasaśālās) under royal or scholastic patronage.
- 3. **Colonial**: Initial overshadow by Western medicine but seeds of industrial approach by some entrepreneurial families.
- 4. **Post-Independence**: Government recognition, creation of CCIM (1970), slow expansions. Late 20th century sees the Department of AYUSH (2003) and stronger impetus.

## 5. 21st Century:

- Ministry of AYUSH (2014).
- $\circ$  NCISM (2020) regulating professional education.
- National AYUSH Mission promoting infrastructure.
- o Emergence of big players (Dabur, Baidyanath, Himalaya, Patanjali, etc.) with global presence.
- o Ayurveda Āhāra labeling under FSSAI for dietetics synergy.

Hence, the **Āyurvedic drug manufacturing industries** have evolved from localized, artisanal modes to **multi-national** operations, governed by structured academic bodies (NCISM), policies (Ministry of AYUSH), and global compliance. This continuum ensures that the ancient wisdom of Rasaśāstra merges seamlessly with modern manufacturing technology, regulatory frameworks, and international scientific validation.

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