

WHERE CLASSICAL WISDOM MEETS INTELLIGENT LEARNING

Uccharaktachapa (Hypertension)

Plan - 1

- Shirodhara 5-7 days
- Abhyangam, Sweda, Yoga Vasti 8 days

Plan - 2

- Deepan-Pachan 3 days
- Snehapana at morning and Shirodhara at afternoon 5-7 days
- Virechana Karma 9 days
- Sansarjana Karma 3 days

Shiravedhana is highly effective in high blood pressure if the patient is suitable for this.

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