



WHERE CLASSICAL WISDOM MEETS INTELLIGENT LEARNING

Parinama Shoola (Peptic Ulcer)

- 1. When associated symptoms are of vata aggravation like abdominal pain
- Snehapana Indukanata Ghrita 3-7 days
- Vashpa Sweda for 3 days
- Virechana may be given with Eranda Taila followed by Samsarjana Karma
- Respective Shamana medicines as per the requirement may be started after this.
- 2. When the patient complains of vata vriddhi lakshanas like gripping pain in the abdomen, Shamana is advocated if the patient is weak and contraindicated for Shodhana.
 - o Indukanta Ghrita 10 gm twice daily orally for 60 days with milk
- 3. In chronic ulceration with pitta dominated symptoms such as sour eructation, regurgitation, heartburn and when the patient is eligible for Shodhana:
 - o Snehapana Mahatiktaka Ghrita
 - Vashpa Sweda for 3 days
 - o Virechana with Eranda Taila followed by Samsarjana Karma.
 - o Respective Shamana medicines as per the requirement may be started after this.

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