



U5Ch3. Creating engaging and appropriate content for digital platforms

PAPER 01 — Communicative Skills

Unit 5 · Digital Communication

Chapter 3 · Creating Engaging & Appropriate Content for Digital Platforms

1 The Five Pillars of Digital Content Success

Pillar	What It Means	Why It Matters
Relevance	Aligned to the audience's immediate needs, interests, and pain-points	Drives clicks, saves from "scroll-past"
Value	Teaches, solves, inspires, or entertains in a way no search-engine snippet can	Earns shares, bookmarks, backlinks
Authenticity	True voice, transparent motives, original perspective	Builds trust, combats content fatigue
Platform Fit	Optimised format, length, and tone for each channel	Avoids algorithm penalties, boosts reach
Compliance	Respects legal, ethical, privacy, and brand guidelines	Shields reputation, prevents takedowns

Memorise the acronym **R-V-A-P-C** before you hit "Post."

2 Audience-First Content Planning (AIM Matrix)

Step	Questions to Ask	Output Example (Ayurveda Education Brand)
A - Audience	Who exactly? What are their goals, pain-points, and digital habits?	"3rd-year BAMS students; struggle with pharmacology mnemonics; heavy Instagram, moderate LinkedIn."
I - Intent	Inform, inspire, entertain, persuade, or a mix?	Intent = <i>Inform</i> + <i>Inspire</i> : bite-sized Sutra tips and success stories
M - Medium	Which platform and content type suit that intent?	IG Reel (≤ 60 s) + Carousel + LinkedIn Pulse Article

Pro-tip: Draft a **persona card** (name, goals, daily routine, favourite apps) and tape it near your screen.

3 Content Types & Platform-Optimised Blueprints

Platform	Native Algorithm Loves	Blueprint Components	Ayurveda Example
Instagram	Reels < 90 s, carousels, stories	Hook (0-3 s) → Value Nugget → CTA overlay	Reel: "Shirodhara in 30 s" demo
LinkedIn	Text posts 100-300 words, doc carousels, 1-3 min videos	Problem → Data/Quote → Take-away → Question	Text post: "Why Panchakarma clinics cut rehab costs by 18 %"
Twitter / X	Threadstorms, visuals, polls	Headline Tweet → 3-7 threaded points → Resource link	Thread: "1/1 Panchakarma myths debunked..."
YouTube	6-30 min tutorials, chapters, high retention	HERO thumbnail + 6-sec hook → "What/Why" preview → chaptered content → CTA	Video: "Kalari Massage - Step-by-Step Guide (with timestamps)"
TikTok / Shorts	15-45 s vertical micro-stories	Text overlay hook → Rapid demo → "Follow for more"	20 s hack: "Herb-filter tea for exam stress"



Hook Scorecard

1. Clear promise? 2) Curiosity gap? 3) ≤ 7 words (video) / 80 chars (text)?

If all three are “Yes,” publish.

4 Storytelling Frameworks That Never Fail

4.1 The “What - So What - Now What” Micro-Story

1. **What** — present fact/event.
2. **So What** — explain significance/impact.
3. **Now What** — give next step or moral.

Example (Carousel Slide 3):

- **What:** “Neem leaf extract kills 93 % of acne bacteria in vitro.”
- **So What:** “Less harsh than benzoyl peroxide—fewer dryness complaints.”
- **Now What:** “DIY neem toner recipe in next slide.”

4.2 The 4-E Social Post

Phase	Action
Evoke	Start with emotion/question.
Educate	Drop the fact, stat, or tip.
Example	Mini-case or personal anecdote.
Encourage	Invite comment/share/download.

5 Writing for the Scrolling Brain

Technique	Description	Example
Front-Load Value	First 2 lines visible pre-click	“FREE PDF: 20 Marma charts ↓”
Chunking	Short paragraphs, emojis, or bullet icons	“• 5 herbs ☐ 3 doses”
Active Verbs	Replace nouns/adjectives	“Boost immunity” vs. “Immunity enhancement”
Sensory Words	Trigger visual/auditory cortex	“Sizzle oil till aromatic”
Read-Aloud Test	Post should sound natural, no tongue-twisters	If you stumble, rewrite

6 Visual + Design Best Practices (CUE Method)

Step	Action	Tool Tip
C - Contrast	High contrast text/background; brand palette	Use ColorZilla or WCAG checker
U - Unity	Consistent fonts, icon style, spacing	Canva “brand kit” & template reuse
E - Emphasis	One focal element (key stat or hero image)	Blur background, enlarge headline

File Specs Cheat-Sheet

- IG Feed: 1080 × 1350, <30 MB
- LinkedIn Carousel PDF: 1080 × 1080, ≤ 10 slides
- YouTube Thumbnail: 1280 × 720, < 2 MB



7 Ethical & Appropriate Content Guidelines

Area	Do's	Don'ts
Accuracy	Cite peer-reviewed studies, use disclaimers	"Cures cancer" claims
Privacy	Anonymise patient data, get written consent	Posting faces without permission
Cultural Sensitivity	Respect traditions, avoid stereotypes	"Exotic Eastern medicine" trope
Inclusivity	Alt-text, captions, diverse images	Jargon barrier, ableist language
Transparency	#ad for sponsored posts	Hidden affiliate links

8 Batching & Repurposing — Efficiency Hacks

Original Asset	Repurpose Ideas
20-min webinar	4 short reels, 1 LinkedIn article, audio podcast snippet
Research infographic	Twitter thread, blog post, SlideShare
Podcast episode	IG quote cards, newsletter summary, TikTok fact-drops

Workflow

1. Record or draft long-form.
2. Slice into micro-content.
3. Schedule via Buffer/Hootsuite.
4. Monitor analytics → recycle top performers six weeks later.

9 Measuring Engagement & Optimising

Metric	Diagnose	Action Trigger
View-to-Like Ratio	Hook strength	<4 % → redesign thumbnail/hook
Average Watch Time	Content pacing	<40 % video length → cut fluff
Comment Sentiment	Resonance & clarity	Many questions → clarify caption
Share Saves	Long-term value	High saves, low likes → add CTA asking for shares

A/B test hooks, thumbnails, posting times. One tweak at a time → clear causality.

10 Self-Practice Corner

1. **Hook Hackathon** — Draft 10 hooks (≤ 7 words) for the same tip; choose the most curiosity-spiking.
2. **Caption Compression** — Rewrite a 120-word post into 80 words without losing value.
3. **Platform Pivot** — Take one LinkedIn post; adapt it to an IG carousel (+ visuals) and a 6-tweet thread.
4. **Visual Makeover** — Redesign a busy infographic using CUE principles; peer-review for readability.
5. **Ethics Filter** — Run planned content through accuracy, privacy, cultural-fit checklist; fix any red flags.

Chapter Takeaways

- **R-V-A-P-C** (Relevance, Value, Authenticity, Platform fit, Compliance) is the litmus test for every digital item.



- Craft **persona-centred hooks**, deliver **bite-sized value**, and end with a **clear CTA**.
- **Design consistency** (CUE) plus storytelling frameworks (What-So What-Now What, 4-E) turn data into share-worthy narratives.
- Batch, slice, and recycle content to maximise ROI while staying fresh.
- Track metrics, iterate ethically, and your digital voice will magnetise a community—building authority, trust, and tangible opportunities.

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