

Unit 2 MCQs for Practice

#1. Question 1: What is the primary purpose of communication?
A. To entertain B. To transfer information C. To confuse D. To isolate
Explanation: The primary purpose of communication is to transfer information, ideas, and emotions between individuals or groups effectively.
#2. Question 2: Which of the following is NOT a type of communication?
A. Verbal B. Non-verbal C. Digital D. Telepathic
Explanation: Telepathic communication is not recognized as a legitimate type of communication. The main types include verbal, non-verbal, and digital communication. #3. Question 3: Which type of communication involves the use of gestures, facial expressions, and body language?
□ A. Verbal □ B. Written □ C. Non-verbal □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □
Explanation: Non-verbal communication involves gestures, facial expressions, body language, and other forms of conveying messages without words.
#4. Question 4: What characteristic of effective communication ensures that the message is understood as intended?
A. Ambiguity B. Clarity C. Complexity D. Vagueness

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



Explanation: Clarity is a key characteristic of effective communication, ensuring that the message is clear and easily understood by the receiver.

#5. Question 5: Which type of communication is facilitated through electronic means such as emails and social media?
A Verter!
A. Verbal □
B. Written
□ C. Digital
D. Non-verbal
Explanation: Digital communication is facilitated through electronic means like emails, social media platforms, and other online channels.
#6. Question 6: What is the meaning of communication?
A. The exchange of goods
□ B. The process of sharing information and ideas
□ C. The act of silencing others
□ D. The creation of confusion
Explanation: Communication is the process of sharing information, ideas, and emotions between individuals or groups to achieve mutual understanding.
#7. Question 7: Which of the following is a characteristic of effective communication?
A. One-way
□ B. Feedback
C. Misunderstanding
D. Silence
Explanation: Feedback is a characteristic of effective communication as it allows the sender to know whether the message was understood correctly.
#8. Question 8: What type of communication relies on written symbols like letters and
emails?
A. Verbal
□ B. Non-verbal
C. Written □

Explanation: Written communication relies on written symbols such as letters, emails, reports, and other text-based forms

D. Visual

to convey messages.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only. Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



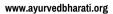
#9. Question 9: Which characteristic of communication refers to the ability to adapt the message to the audience?
A. Inflexibility B. Adaptability C. Rigidity
D. Complexity Explanation: Adaptability refers to the ability to tailor the message to suit the audience's needs, ensuring effective communication.
#10. Question 10: What is an example of non-verbal communication?
A. Speaking B. Writing C. Gesturing D. Emailing
Explanation: Gesturing is an example of non-verbal communication, involving movements to convey messages without using words.
#11. Question 11: Which purpose of communication involves persuading others to adopt a particular viewpoint?
A. Informative B. Persuasive C. Entertaining D. Transactional
Explanation: The persuasive purpose of communication aims to convince others to adopt a specific viewpoint or take a particular action.
#12. Question 12: What characteristic ensures that communication is free from misunderstanding?
A. Ambiguity B. Clarity C. Vagueness D. Obscurity

Explanation: Clarity in communication ensures that messages are clear and free from misunderstanding, facilitating

effective exchange of information.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.







messages. #14. Question 14: What is the role of feedback in communication? A. To terminate the conversation B. To provide a response that indicates understanding C. To confuse the sender D. To dominate the discussion Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for adjustments if necessary. #15. Question 15: Which type of communication is most effective for conveying complex information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	
B. Written C. Verbal D. Non-verbal Explanation: Verbal communication involves face-to-face conversations where spoken words are used to convey messages. #14. Question 14: What is the role of feedback in communication? A. To terminate the conversation B. To provide a response that indicates understanding C. To confuse the sender D. To dominate the discussion Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for adjustments if necessary. #15. Question 15: Which type of communication is most effective for conveying complex information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	#13. Question 13: Which type of communication involves face-to-face conversations?
messages. #14. Question 14: What is the role of feedback in communication? A. To terminate the conversation B. To provide a response that indicates understanding C. To confuse the sender D. To dominate the discussion Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for adjustments if necessary. #15. Question 15: Which type of communication is most effective for conveying complex information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	A. Digital B. Written C. Verbal
A. To terminate the conversation B. To provide a response that indicates understanding C. To confuse the sender D. To dominate the discussion Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for adjustments if necessary. #15. Question 15: Which type of communication is most effective for conveying complex information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	Explanation: Verbal communication involves face-to-face conversations where spoken words are used to convey messages.
B. To provide a response that indicates understanding C. To confuse the sender D. To dominate the discussion Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for adjustments if necessary. #15. Question 15: Which type of communication is most effective for conveying complex information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	#14. Question 14: What is the role of feedback in communication?
D. To dominate the discussion Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for adjustments if necessary. #15. Question 15: Which type of communication is most effective for conveying complex information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	
Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for adjustments if necessary. #15. Question 15: Which type of communication is most effective for conveying complex information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	□ C. To confuse the sender
#15. Question 15: Which type of communication is most effective for conveying complex information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	D. To dominate the discussion
information? A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for adjustments if necessary.
A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	#15. Question 15: Which type of communication is most effective for conveying complex information?
#16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience? A. Channel B. Noise C. Feedback	A. Verbal B. Written C. Non-verbal
message reaches the intended audience? A. Channel B. Noise C. Feedback	Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed.
A. Channel B. Noise C. Feedback	#16. Question 16: Which characteristic of communication involves ensuring that the message reaches the intended audience?
Explanation: The channel is the medium through which the message is transmitted, ensuring it reaches the intended	A. Channel B. Noise C. Feedback

audience effectively.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#17. Question 17: What type of communication uses symbols, signs, and visual aids to convey messages?
□ A. Verbal
B. Non-verbal □
C. Written
D. Visual
Explanation: Visual communication uses symbols, signs, diagrams, and other visual aids to convey messages effectively.
#18. Question 18: What is an example of digital communication?
A. Hand gestures
B. Writing a letter
C. Sending a text message □
D. Speaking in a lecture
Explanation: Sending a text message is an example of digital communication, utilizing electronic devices to exchang information.
#19. Question 19: Which purpose of communication involves sharing information withou
expecting a response?
A. Persuasive
B. Informative
C. Entertaining
□ D. Transactional
Explanation: The informative purpose of communication involves sharing information or knowledge without necessarily expecting a response from the receiver.
#20. Question 20: Which characteristic of communication ensures that the message is appropriate for the situation and audience?
□ A. Formality □
B. Appropriateness
□ C. Length
D. Complexity

Explanation: Appropriateness ensures that the message is suitable for the context and audience, enhancing the effectiveness of communication.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#21. Question 21: What is the meaning of verbal communication?
#21. Question 21: What is the meaning of verbal communication?
A. Communication through body language
B. Communication through written symbols
C. Communication through spoken words
D. Communication through visual aids
Explanation: Verbal communication involves the use of spoken words to convey messages between individuals or groups.
#22. Question 22: Which type of communication is essential for building relationships and
trust?
A. Written
B. Verbal
C. Non-verbal
D. Digital
Explanation: Verbal communication is essential for building relationships and trust as it involves direct interaction and personal connection through spoken words.
#23. Question 23: What characteristic of communication involves the speed at which the
message is transmitted?
A. Feedback
B. Channel
C. Speed
D. Clarity
Explanation: Speed refers to how quickly the message is transmitted from the sender to the receiver, affecting the overall efficiency of communication.
#24. Question 24: Which purpose of communication involves sharing ideas and fostering
#24. Question 24: Which purpose of communication involves sharing ideas and fostering collaboration?
collaboration? A. Informative
collaboration? A. Informative B. Persuasive
collaboration? A. Informative

© Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.

Explanation: The collaborative purpose of communication involves sharing ideas, fostering teamwork, and enhancing

cooperation among individuals or groups.



#25. Question 25: Which type of communication can be both intentional and unintentional?
A. Verbal B. Written C. Non-verbal D. Digital
Explanation: Non-verbal communication can be both intentional, such as deliberate gestures, and unintentional, such as subconscious facial expressions.
#26. Question 26: What is the role of context in communication?
A. To determine the channel B. To provide background that influences the meaning of the message C. To create noise D. To restrict feedback
Explanation: Context provides the background and environment that influence the meaning and interpretation of the message, ensuring it is understood appropriately.
#27. Question 27: Which type of communication is most suitable for detailed explanations and documentation?
A. Verbal B. Written C. Non-verbal D. Digital
Explanation: Written communication is most suitable for detailed explanations and documentation as it allows fo comprehensive and permanent records of information.
#28. Question 28: What is an example of non-verbal communication in a classroom setting?
A. Lecturing B. Writing on the board C. Nodding to show agreement D. Sending an email
Explanation: Nodding to show agreement is an example of non-verbal communication, conveying messages through gestures rather than words.

#29. Question 29: Which characteristic of effective communication involves eliminating

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.

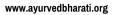




barriers that prevent understanding?
A. Channel B. Noise C. Feedback D. Clarity
Explanation: Clarity involves eliminating barriers such as ambiguity and complexity, ensuring the message is easi understood by the receiver.
#30. Question 30: Which purpose of communication is aimed at influencing others' attitude
or behaviors? A. Informative B. Persuasive C. Collaborative D. Transactional
Explanation: The persuasive purpose of communication aims to influence others' attitudes, beliefs, or behaviors througe convincing arguments and appeals.
#31. Question 31: What type of communication uses written symbols like letters and emails
A. Verbal B. Non-verbal C. Written D. Visual
Explanation: Written communication uses written symbols, such as letters, emails, reports, and other text-based forms convey messages.
#32. Question 32: Which characteristic of communication refers to the ability to tailor th
message to the audience's needs?
A. Feedback B. Adaptability C. Complexity D. Rigidity Explanation: Adaptability refers to the ability to modify the message to suit the audience's needs ensuring effective as
Explanation: Adaptability refers to the ability to modify the message to suit the audience's needs, ensuring effective ar relevant communication.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.







#33. Question 33: Which of the following is a barrier to effective communication?
A. Clarity B. Feedback C. Noise D. Appropriateness
Explanation: Noise, which can be physical or psychological, acts as a barrier to effective communication by disrupting the transmission or reception of the message.
#34. Question 34: What is an example of digital communication?
A. Handwriting a letter B. Speaking in a meeting C. Sending a text message
D. Using sign language
Explanation: Sending a text message is an example of digital communication, utilizing electronic devices to exchange information.
#35. Question 35: Which characteristic of communication ensures that the message i suitable for the audience and context?
A. Clarity B. Appropriateness C. Speed D. Channel
Explanation: Appropriateness ensures that the message is suitable for the audience and the context, making the communication more effective and respectful.
#36. Question 36: What type of communication involves using symbols, signs, and visualids to convey messages?
A. Verbal B. Written C. Non-verbal D. Visual Explanation: Visual communication involves using symbols, signs, diagrams, and other visual aids to convey message
effectively.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#37. Question	37: Which	purpose of	communication	involves	sharing	information	without
expecting a res	sponse?						

A. Informative	
B. Persuasive □	
C. Collaborative □	
D. Transactional	
Explanation: The informative purpose of communication involves sharing information or knowledge without necess expecting a response from the receiver.	arily
#38. Question 38: What is an example of verbal communication in a classroom?	
□ A. Writing on the board □	
B. Gesturing □	
C. Lecturing	
D. Sending an email	
Explanation: Lecturing is an example of verbal communication, where the teacher uses spoken words to coninformation to students.	nvey
#39. Question 39: Which characteristic of communication involves ensuring the message clear and easily understood?	e is
A. Complexity	
B. Clarity	
B. Clarity C. Ambiguity	
B. Clarity C. Ambiguity	
B. Clarity C. Ambiguity	ion.
B. Clarity C. Ambiguity D. Vagueness Explanation: Clarity involves making the message clear and easily understood, reducing the chances of misinterpretations. Question 40: Which type of communication is most effective for immediate feedb	
B. Clarity C. Ambiguity D. Vagueness Explanation: Clarity involves making the message clear and easily understood, reducing the chances of misinterpretations.	oack

dialogue and clarification.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#41. Question 41: What is the meaning of non-verbal communication?
A. Communication through written words
B. Communication through spoken words
C. Communication through body language, gestures, and facial expressions
D. Communication through digital devices
Explanation: Non-verbal communication involves conveying messages through body language, gestures, facial expressions, and other non-verbal cues without using words.
#42. Question 42: Which purpose of communication is focused on fostering teamwork and mutual understanding?
A. Informative B. Persuasive C. Collaborative D. Transactional
Explanation: The collaborative purpose of communication focuses on fostering teamwork, mutual understanding, and cooperative efforts among individuals or groups.
#43. Question 43: Which characteristic of communication involves selecting the appropriate medium for the message?
A. Channel B. Noise C. Feedback D. Context
Explanation: The channel refers to the medium through which the message is transmitted, and selecting the appropriate channel is crucial for effective communication.
#44. Question 44: What type of communication is best suited for formal and official exchanges? A. Verbal B. Non-verbal C. Written D. Visual

Explanation: Written communication is best suited for formal and official exchanges, providing a clear and permanent

record of information.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#45.	Question	45: Which	learning	style	in the	VARK	model	prefers	using	listening	and
spea	king as pri	mary mode	s of learni	ng?							

speaking as primary modes of learning?
□ A. Visual □ B. Aural/Auditory
C. Reading/Writing
D. Kinesthetic
Explanation: The Aural/Auditory learning style prefers learning through listening and speaking, benefiting from lectures, discussions, and verbal instructions.
#46. Question 46: What is the role of feedback in the communication process?
A. To initiate the message
B. To provide a response that indicates understanding
C. To create confusion
D. To eliminate the need for communication
Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for necessary adjustments.
#47. Question 47: Which type of communication involves the use of written symbols like letters and emails?
□ A. Verbal □
B. Non-verbal
C. Written
D. Visual
Explanation: Written communication involves the use of written symbols, such as letters, emails, reports, and other text-based forms to convey messages.
#48. Question 48: Which characteristic of communication involves ensuring that the message is appropriate for the audience and context?
A. Clarity B. Appropriateness C. Speed D. Channel
Explanation: Appropriateness ensures that the message is suitable for the audience and the context, making the

© Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only. Unauthorized reproduction, distribution, or commercial use is strictly prohibited.

communication more effective and respectful.



#49. Question 49: What type of communication uses symbols, signs, and visual	aids to
convey messages?	
A. Verbal	
B. Written	
C. Non-verbal □	
D. Visual	
Explanation: Visual communication uses symbols, signs, diagrams, and other visual aids to convey messages effe	ctively.
#50. Question 50: Which purpose of communication involves influencing others' attitu	udes or
behaviors?	
A. Informative	
B. Persuasive	
C. Collaborative	
D. Transactional	
Explanation: The persuasive purpose of communication aims to influence others' attitudes, beliefs, or behaviors convincing arguments and appeals.	s through
#51. Question 51: What is an example of non-verbal communication?	
A. Speaking	
B. Writing	
C. Gesturing	
D. Emailing	
D. Efficiently	
Explanation: Gesturing is an example of non-verbal communication, conveying messages through movements ra-	ther than
words.	
#52. Question 52: Which characteristic of communication ensures that the message	is free
from misunderstanding?	
A. Ambiguity	
B. Clarity	
C. Complexity	
D. Mariana and	
D. Vagueness	

Explanation: Clarity is a key characteristic of effective communication, ensuring that the message is clear and easily understood by the receiver.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only. Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#53. Question 53: Which type of communication is facilitated through electronic means such as emails and social media?
□ A. Verbal □
B. Written
C. Non-verbal
D. Digital
Explanation: Digital communication is facilitated through electronic means like emails, social media platforms, and other online channels.
#54. Question 54: What is the meaning of verbal communication?
A. Communication through body language
B. Communication through written symbols
C. Communication through spoken words
D. Communication through visual aids
Explanation: Verbal communication involves the use of spoken words to convey messages between individuals or groups.
#55. Question 55: Which purpose of communication involves sharing information without
expecting a response?
A Despusation
A. Persuasive
B. Informative
C. Collaborative
D. Transactional
Explanation: The informative purpose of communication involves sharing information or knowledge without necessarily expecting a response from the receiver.
#56. Question 56: What type of communication involves using symbols, signs, and visual aids to convey messages?
A. Verbal
B. Written
□ C. Non-verbal
D. Visual

Explanation: Visual communication involves using symbols, signs, diagrams, and other visual aids to convey messages effectively.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.





#57. Question 57: Which of the following is a barrier to effective communication?
□ A. Clarity □
B. Feedback □ C. Noise
□ D. Appropriateness
Explanation: Noise, which can be physical or psychological, acts as a barrier to effective communication by disrupting the transmission or reception of the message.
#58. Question 58: Which type of communication is most effective for immediate feedback and interaction?
A. Written B. Verbal C. Non-verbal D. Digital
Explanation: Verbal communication is most effective for immediate feedback and interaction, allowing for real-time dialogue and clarification.
#59. Question 59: What is the role of context in communication?
A. To determine the channel
B. To provide background that influences the meaning of the message
C. To create noise
D. To restrict feedback
Explanation: Context provides the background and environment that influence the meaning and interpretation of the message, ensuring it is understood appropriately.
#60. Question 60: Which type of communication is best suited for detailed explanations and documentation?
□ A. Verbal □
B. Written □ C. Non-verbal
D. Digital

allows for comprehensive and permanent records of information.

Explanation: Written communication is often more effective for conveying detailed explanations and documentation as it

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#61. Question 61: Which characteristic of communication involves the ability to adapt the message to the audience?
A. Inflexibility B. Adaptability C. Rigidity D. Complexity
Explanation: Adaptability refers to the ability to tailor the message to suit the audience's needs, ensuring effective communication.
#62. Question 62: Which learning style in the VARK model prefers using listening and
speaking as primary modes of learning?
□ A. Visual
B. Aural/Auditory
C. Reading/Writing
D. Kinesthetic
Explanation: The Aural/Auditory learning style prefers learning through listening and speaking, benefiting from lectures, discussions, and verbal instructions.
#63. Question 63: What is the meaning of non-verbal communication?
□ A. Communication through written words
B. Communication through spoken words
C. Communication through body language, gestures, and facial expressions $\hfill\Box$
D. Communication through digital devices
Explanation: Non-verbal communication involves conveying messages through body language, gestures, facial expressions, and other non-verbal cues without using words.
#64. Question 64: Which purpose of communication is focused on fostering teamwork and
mutual understanding?
A. Informative □
B. Persuasive □
C. Collaborative
□ D. Transactional

© Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.

Explanation: The collaborative purpose of communication focuses on fostering teamwork, mutual understanding, and

cooperative efforts among individuals or groups.



#65. Question 65: Which characteristic of communication involves selecting the appropriate medium for the message?
A. Channel B. Noise C. Feedback D. Context
Explanation: The channel refers to the medium through which the message is transmitted, ensuring it reaches the intended audience effectively.
#66. Question 66: What type of communication is most suitable for formal and official
exchanges? A. Verbal B. Non-verbal C. Written D. Visual
Explanation: Written communication is best suited for formal and official exchanges, providing a clear and permanent record of information.
#67. Question 67: Which characteristic of communication involves ensuring the message is clear and easily understood?
A. Complexity B. Clarity C. Ambiguity D. Vagueness
Explanation: Clarity in communication ensures that messages are clear and easily understood, reducing the chances of misinterpretation.
#68. Question 68: Which type of communication is essential for building relationships and trust?
□ A. Written □ B. Verbal □ C. Non-verbal □ D. Digital

© Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.

Explanation: Verbal communication is essential for building relationships and trust as it involves direct interaction and

personal connection through spoken words.



#69. Question 69: What is the role of feedback in communication?
A. To initiate the message
□ B. To provide a response that indicates understanding □
C. To create confusion
D. To eliminate the need for communication
Explanation: Feedback provides a response from the receiver to the sender, indicating whether the message was understood correctly and allowing for necessary adjustments.
#70. Question 70: Which type of communication involves conveying messages through body
language, gestures, and facial expressions?
□ A. Verbal
□ B. Written
C. Non-verbal
D. Digital
Explanation: Non-verbal communication involves conveying messages through body language, gestures, facial expressions, and other non-verbal cues without using words.
#71. Question 71: What is the meaning of communication?
□ A. The exchange of goods
B. The process of sharing information and ideas
C. The act of silencing others
D. The creation of confusion
Explanation: Communication is the process of sharing information, ideas, and emotions between individuals or groups to achieve mutual understanding.
#72. Question 72: Which type of communication relies on written symbols like letters and
emails?
A. Verbal
B. Written □
C. Non-verbal

Explanation: Written communication relies on written symbols such as letters, emails, reports, and other text-based forms to convey messages.

D. Visual

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#73. Question 73: Which characteristic of communication involves eliminating barriers that prevent understanding?
□ A. Channel
B. Noise
□ C. Feedback
D. Clarity
Explanation: Clarity involves eliminating barriers such as ambiguity and complexity, ensuring the message is easily understood by the receiver.
#74. Question 74: What type of communication is most effective for conveying complex
information?
□ A. Verbal
B. Written
C. Non-verbal
□ D. Digital
Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed.
#75. Question 75: Which type of communication is facilitated through electronic means such as emails and social media?
□ A. Verbal
B. Written
C. Non-verbal
D. Digital
Explanation: Digital communication is facilitated through electronic means like emails, social media platforms, and other online channels.
#76. Question 76: What is the primary role of non-verbal communication in interpersonal
interactions?
A. To replace verbal communication
□ B. To support and enhance verbal messages
□ C. To confuse the receiver
□ D. To limit the effectiveness of communication

© Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.

Explanation: Non-verbal communication supports and enhances verbal messages by providing additional context and

emotional cues, improving overall understanding.



#77. Question 77	: Which characteristic	of effective communication	ensures that the message
is appropriate fo	r the situation and aud	lience?	

☐ A. Clarity B. Appropriateness C. Speed D. Channel Explanation: Appropriateness ensures that the message is suitable for the context and the audience, making the communication more effective and respectful. #78. Question 78: What is an example of digital communication? A. Handwriting a letter B. Speaking in a meeting C. Sending a text message D. Using sign language Explanation: Sending a text message is an example of digital communication, utilizing electronic devices to exchange information. #79. Question 79: Which type of communication is most effective for immediate feedback and interaction? A. Written B. Verbal □ C. Non-verbal D. Digital

Explanation: Verbal communication is most effective for immediate feedback and interaction, allowing for real-time dialogue and clarification.

#80. Question 80: What is an example of non-verbal communication in a classroom setting?

A.	Lecturing
В.	Writing on the board
C.	Nodding to show agreement
D.	Sending an email

Explanation: Nodding to show agreement is an example of non-verbal communication, conveying messages through gestures rather than words.

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#81. Question 81: Which characteristic of communication involves the ability to adapt the message to the audience?
A. Inflexibility B. Adaptability C. Rigidity D. Complexity
Explanation: Adaptability refers to the ability to tailor the message to suit the audience's needs, ensuring effective communication.
#82. Question 82: Which purpose of communication involves persuading others to adopt a particular viewpoint? A. Informative B. Persuasive C. Entertaining D. Transactional
Explanation: The persuasive purpose of communication aims to convince others to adopt a specific viewpoint or take a particular action. #83. Question 83: What type of communication involves using written symbols like letters
and emails? A. Verbal B. Written C. Non-verbal D. Visual
Explanation: Written communication involves using written symbols, such as letters, emails, reports, and other text-based forms to convey messages. #84. Question 84: Which characteristic of communication involves ensuring the message is
clear and easily understood? A. Complexity B. Clarity C. Ambiguity D. Vagueness

understood by the receiver.

Explanation: Clarity is a key characteristic of effective communication, ensuring that the message is clear and easily

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



5. Question 85: Which type of communication is essential for building relationships and street
Vritten Verbal Non-verbal Digital
lanation: Verbal communication is essential for building relationships and trust as it involves direct interaction an sonal connection through spoken words.
6. Question 86: What is the role of feedback in the communication process?
To initiate the message To provide a response that indicates understanding To create confusion To eliminate the need for communication
planation: Feedback provides a response from the receiver to the sender, indicating whether the message wa derstood correctly and allowing for necessary adjustments.
7. Question 87: Which type of communication involves conveying messages through bod guage, gestures, and facial expressions?
Verbal Vritten Von-verbal Digital
planation: Non-verbal communication involves conveying messages through body language, gestures, facial ressions, and other non-verbal cues without using words.
8. Question 88: Which purpose of communication involves influencing others' attitudes of haviors? Informative Persuasive Collaborative
retal Written Jon-verbal Digital Dianation: Non-verbal communication involves conveying messages through body language, gestures, factoressions, and other non-verbal cues without using words. 8. Question 88: Which purpose of communication involves influencing others' attitudes haviors? Informative Persuasive

© Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.

Explanation: The persuasive purpose of communication aims to influence others' attitudes, beliefs, or behaviors through

convincing arguments and appeals.



#89. Question 89: What is an example of non-verbal communication?
A. Speaking B. Writing C. Gesturing D. Emailing
Explanation: Gesturing is an example of non-verbal communication, conveying messages through movements rather than words.
#90. Question 90: Which characteristic of communication involves eliminating barriers that prevent understanding?
A. Channel B. Noise C. Feedback D. Clarity
Explanation: Clarity involves eliminating barriers such as ambiguity and complexity, ensuring the message is easily understood by the receiver.
#91. Question 91: Which type of communication is most effective for conveying complex
information?
information? A. Verbal B. Written C. Non-verbal D. Digital
A. Verbal B. Written C. Non-verbal
A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed
A. Verbal B. Written C. Non-verbal D. Digital Explanation: Written communication is often more effective for conveying complex information as it allows for detailed explanations and can be referred back to as needed. #92. Question 92: Which type of communication is facilitated through electronic means such

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



#93. Question 93: What is the meaning of verbal communication?
□ A. Communication through body language
B. Communication through written symbols
□ C. Communication through spoken words
□ D. Communication through visual aids
Explanation: Verbal communication involves the use of spoken words to convey messages between individuals or groups.
#94. Question 94: Which purpose of communication involves sharing information without expecting a response?
A. Persuasive
B. Informative
C. Collaborative
D. Transactional
Explanation: The informative purpose of communication involves sharing information or knowledge without necessarily expecting a response from the receiver.
#95. Question 95: What type of communication involves using symbols, signs, and visual aids to convey messages?
aids to convey messages? A. Verbal
aids to convey messages? A. Verbal B. Written
aids to convey messages? A. Verbal
aids to convey messages? A. Verbal B. Written
aids to convey messages? A. Verbal B. Written C. Non-verbal
aids to convey messages? A. Verbal B. Written C. Non-verbal D. Visual Explanation: Visual communication involves using symbols, signs, diagrams, and other visual aids to convey messages
aids to convey messages? A. Verbal B. Written C. Non-verbal D. Visual Explanation: Visual communication involves using symbols, signs, diagrams, and other visual aids to convey messages effectively.

#97. Question 97: Which type of communication is most effective for immediate feedback

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



and interaction?
□ A. Written □ B. Verbal
C. Non-verbal D. Digital
Explanation: Verbal communication is most effective for immediate feedback and interaction, allowing for real-time dialogue and clarification.
#98. Question 98: What is an example of non-verbal communication in a classroom setting?
A. Lecturing B. Writing on the board C. Nodding to show agreement D. Sending an email
Explanation: Nodding to show agreement is an example of non-verbal communication, conveying messages through gestures rather than words.
#99. Question 99: Which characteristic of communication involves the ability to adapt the message to the audience? A. Inflexibility B. Adaptability C. Rigidity D. Complexity
Explanation: Adaptability refers to the ability to tailor the message to suit the audience's needs, ensuring effective communication. #100. Question 100: Which purpose of communication involves persuading others to adopt a
particular viewpoint? A. Informative B. Persuasive C. Entertaining D. Transactional Explanation: The persuasive purpose of communication aims to convince others to adopt a specific viewpoint or take a particular action. Previous
Submit

[©] Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only Unauthorized reproduction, distribution, or commercial use is strictly prohibited.



Results



© Ayurvite Wellness Pvt Ltd. All rights reserved. This PDF is for personal use only. Unauthorized reproduction, distribution, or commercial use is strictly prohibited.