

#### WHERE CLASSICAL WISDOM MEETS INTELLIGENT LEARNING

#### 19. Presentation Skills

# **BVPT-104: English & Communication**

**Unit 5: Public Speaking and Presentation Skills** 

Topic: Presentation Skills - Planning, Organizing, and Delivering Presentations

#### ☐ What are Presentation Skills?

**Presentation skills** are the ability to plan, prepare, and deliver information in a structured and engaging way—often using visuals (like PowerPoint slides) to support your speech.

For physiotherapy students, strong presentation skills are essential in:

- Case presentations
- · Academic seminars or viva exams
- · Health awareness talks
- Research conferences
- Clinical demonstrations

# ☐ Why Presentation Skills Matter

Context Purpose

Classroom seminar Share knowledge clearly and confidently

Clinical case presentation Explain diagnosis and plan to teachers or examiners Patient education session Teach exercises or safety precautions in a simple way

Research presentation Show findings with visuals, stats, and clarity

# ☐ Steps for Effective Presentations

### 1. Planning Your Presentation

Before making slides or speaking, ask yourself:

- ☐ **What is the goal?** To inform, persuade, demonstrate, or motivate?
- ☐ Who is the audience? Teachers, patients, classmates, professionals?
- $\square$  What time is given? Plan content to fit time (e.g., 5 min = 1 main point).

☐ Example:

In a seminar on "Post-Stroke Rehabilitation," your goal may be:

"To explain the 3 early-phase physiotherapy interventions that reduce complication risks."

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### 2. Organizing Your Content

Use the Three-Part Presentation Format:

#### □ Introduction

- Greet the audience
- Introduce your topic and its relevance
- Give a short outline (e.g., "We will look at causes, effects, and therapy options.")

#### ☐ Main Body

- Use 2-4 main points only
- Support with examples, images, or data
- Use transitions like "Moving on to..." or "Another important point is..."

#### ☐ Conclusion

- Summarize key ideas
- End with a call-to-action or thought-provoking statement
- Thank the audience

### 3. Designing Visual Aids (PowerPoint / Charts / Posters)

Tip Why It Helps

6×6 Rule Max 6 bullet points per slide, 6 words per point—easy to read

Use images, not full text Pictures/diagrams help memory and keep attention

Font ≥ 24 pt Readable from a distance Simple colors & layout Avoid flashy designs that distract

Graphs & tables Great for showing data (e.g., progress charts, muscle groups)

### 4. Practising Delivery

### ☐ Verbal Tips:

- · Speak slowly and clearly
- Emphasize keywords
- Use pauses after important points
- Avoid filler words like "um", "like", "you know"

#### ☐ Non-Verbal Tips:

- Maintain eye contact
- Use open hand gestures
- Stand straight; avoid leaning or pacing
- Smile occasionally to appear confident and friendly
- ☐ **Pro Tip**: Record yourself and review your body language and clarity.

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### 5. Engaging the Audience

- Start with a question, quote, or case example
- Ask short questions during the presentation
- Use **analogies or stories** to simplify complex terms
- Leave time for Q&A at the end

### □ Presentation in Physiotherapy Settings

SituationHow Presentation Skills Are UsedCase Report in InternshipExplain assessment, diagnosis, and rehab planHealth Camp Awareness SpeechEducate public on exercise or postureResearch SymposiumPresent findings clearly with structured evidence

Patient Demo Session Present findings clearly with structured evidence

Teach home exercise plan with correct sequencing

## ☐ Presentation Checklist (Before You Start)

Task	Done?
Defined objective & audience	
Outlined introduction-body-conclusion	
Prepared 5-7 clear slides	
Practiced speaking aloud	
Checked font size and spelling	
Set up visuals or props	

### ☐ Self-Check Questions

- 1. What are the three essential parts of a good presentation?
- 2. How many bullet points should you ideally include per slide?
- 3. Name two ways to engage your audience during a health seminar.
- 4. Why is it important to know your audience before creating content?

### ☐ Key Takeaways

- Great presentations combine planning, structure, clear visuals, and confident delivery.
- Keep it simple, focused, and interactive.
- **Practice is the secret**—the more you present, the better you get.

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