

## 11. Bridal 3-Day Instant-Glow Kit

### (Intensive Ayurvedic Prep for Weddings & Big Events)

This micro-program delivers **visible radiance, even tone**, and a **plumped, rested look** in just **72 hours**. It blends fast-acting Ayurvedic **varnya** therapies with barrier-safe modern actives, designed for both brides and grooms.

### 1. Kit Contents (9 SKUs)

Code	Product	Batch Size	Core Purpose
B-1	Amla-Rose Internal Shot (3 vials)	30 ml/vial	Daily antioxidant + gut-ojas kick-off
B-2	Tejas Flash-Glow Essence Mist	100 ml	Hourly dewy refresher (see Cat 7, F-1)
B-3	Saffron-Rose Gold Oil Drops	30 ml	Instant luminosity & massage slip (Cat 7, F-2)
B-4	Pearl-Vetiver Micro-Polish Ubtan	80 g dry	Gentle resurfacing twice in 3 days
B-5	Lotus-Sandal "Bride-Sheet" Mask	2 masks	High-hydration glow boost
B-6	Radiance Revival Sleep Soufflé	50 g	Overnight bounce & barrier calm
B-7	Padmakādi Under-Eye Gel Patches	3 pairs	Puffiness/ dark circle erase
B-8	Shatavari-Ghee Lip Sleeping Balm	15 g	Crack-free, glossy lips
B-9	Ojas-Rise Collagen Latte Mix	6 sticks	Night-time collagen & ojas build (Cat 7, F-8 half-dose)

**Shelf-life:** 4 months (refrigerate masks & vials); **Fragrance-free** ( $\leq 0.3\%$  EO in oil drops).

**Patch-test** every leave-on product 48 h pre-program.

### 2. Fast-Track Formulation SOPs

Below are the **three new items** (others already detailed in previous categories).

#### B-1. Amla-Rose Internal Shot (per 30 ml vial × 3)

Ingredient	Qty
Amla fresh juice (cold-pressed)	15 ml
Rose hydrosol (food-grade)	10 ml
Honey (raw)	3 ml
Lemon juice	1 ml
Fresh ginger juice	0.5 ml
Edible saffron tincture (1 %)	0.5 ml

1. Chill components  $< 8\text{ }^{\circ}\text{C}$ .
2. Mix under laminar flow;
3. Fill sterile amber shots;
4. Consume within 4 days (keep cold).

**Action:** Vitamin C, flavonoids → combats oxidative stress, brightens from inside.

#### B-5. Lotus-Sandal "Bride-Sheet" Mask (25 ml serum / sheet)



Ingredient	Qty
Lotus hydrosol	12 ml
Sandalwood water	6 ml
Sodium hyaluronate 0.2 %	0.05 g
Niacinamide 2 %	0.5 g
Licorice extract 3 %	0.75 g
Panthenol 1 %	0.25 g
Allantoin 0.5 %	0.125 g
Preservative Geogard 221 0.8 %	0.2 g
RO water	q.s. to 25 ml (pH 5.4)

Soak biodegradable cupra sheet; vacuum-seal; store  $\leq 6^\circ\text{C}$ .

### B-7. Padmakādi Under-Eye Gel Patches (3 pairs)

Serum per pair 3 ml: RO water 1 ml • Rose hydrosol 0.8 ml • Padmaka extract 2 % (0.06 g) • Cucumber juice 0.6 ml • Caffeine 0.1 % (0.003 g) • Xanthan 0.05 g • Preservative 0.024 g.  
Cast onto hydrogel pads (konjac base); pack in foil; chill.

## 3. 72-Hour Bridal Glow Schedule

Time	Step / Product	How & Why
<b>D-3 Morning</b>	Shot B-1 • Mist B-2 • 3 drops B-3	Antioxidant load + surface dew
Midday	Mist B-2 hourly	Maintain hydration aura
Evening	Mild cleanse → Polish B-4 (1 min massage) → Mask B-5 (15 min) → 3 drops B-3	Slough dull cells, surge hydration
Night	Sleep Soufflé B-6 + Lip Balm B-8 + Eye Patches B-7	Overnight repair
<b>D-2</b>	Repeat AM routine; skip polish; midday mist; <b>PM</b> repeat sheet mask if needed	Layered glow buildup
<b>D-1 (Event eve)</b>	AM: Shot, Mist, Oil • Noon: Mist	—
4 pm	Quick Pearl-Vetiver Polish (30 sec)	Flash smooth
5 pm	Sheet Mask B-5 last piece	Immediate cushion & bounce
7 pm	Soufflé thin layer (no oil)	Locks moisture without shine
Bed	Eye Patches + Lip Balm	Fresh contours
<b>Event Morning</b>	Shot B-1 • Mist • 2 drops Oil B-3 (press-on)	Camera-ready glass-skin
Touch-ups	Mist B-2 pocket size; Lip Balm B-8	Sustain glow all day

## 4. Contra-Signals & Tips

Situation	Swap / Caution
Active breakout	Dab Neem-Jojoba Spot Oil (previous category) before Soufflé
Rosacea-prone	Skip niacinamide products if flushing; keep Mist $\searrow$ Rose-only
Extremely oily zone	Apply Oil Drops only on high-points; blot T-zone
Vegan client	Replace ghee with kokum + rice-bran in Lip Balm, use plant collagen (pea) in Latte



## 5. Marketing & Spa Menu Blurb

**“72-Hour Ojas-Kānti Ritual”** - An express three-day Ayurvedic program blending saffron, lotus and pearl micro-ubtan with cooling sandalwood hydrosols and collagen-boosting gotu kola. Combats pre-wedding stress lines, restores ojas, and unveils a camera-ready, ethereal glow—without harsh peels or injectables.

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